Henry Moses Aquatic Center Youth Swimming Lesson FAQ

What ages are included in your group swim lesson program?

The youth program includes ages 6 months to 12 years. We also offer a teen/adult beginner swim lesson program for ages 13 and up.

How do you divide the different age groups?

Youth lessons are divided into 3 different age groups and then divided again by skill level. Starfish (1 level) are 6 months to 3 years (with parent or guardian). Sea Otters (3 levels) are 3 to 5 years of age. Orcas (3 levels) are 6 to 12 years old. Students must reach the minimum age during the session for which they are registering. Only the Swimming Lesson Coordinator is authorized to make exceptions to the age guidelines.

When do you offer youth lessons?

- Weekday morning lessons run Monday-Thursday for two weeks; available class times are: 9:00am; 9:35am, and 10:05am. All classes are 30 minutes in length.
- Weekday evening lessons run Monday-Thursday for two weeks; with one available class time: 7:05pm. All classes are 30 minutes in length.

How do I determine what class is best suited for my child?

Please refer to the Quick Assessment Criteria or the Individual Skill Sheets (available online and at the front desk) to begin the process. Both new and returning students will have a fairly accurate idea of what class they need, especially if they took some swim lessons in the off-season. If you have a progression card from another facility, it will help with the placement. We would rather have students succeed in a class that is appropriate, than to struggle in one that is beyond their abilities. If a child is somehow placed incorrectly, we will do everything possible to put them in the right class on the first day. Sometimes a shortage of classes and space does not allow for that, but we will give it our best effort.

When do I know if my child is ready for the next level?

If you participated in a previous session this summer, you would receive a Progress Card at the end of your session. Your instructor will recommend which level is best for your child, if you'd like to sign up for the next session. Most students participate in the same level two or three times before advancing to the next level. Intro level 1 classes tend to take longer to move up, these students tend participate in the same level for multiple sessions before passing all of the exit assessments.

Do you offer private/personal lessons?

We will not be offering private lessons this year. We hope to offer private lessons in the future as we regrow the program.

Can I request a particular teacher for a class?

Due to a continuous rotation of staff, we cannot guarantee teacher requests. Schedules for the next session are finalized at least one week in advance. Not all instructors are available to teach in all sessions or time slots.

If my child is sick, injured, or for some reason unable to attend a lesson, are there make-up lessons?

No, there are no make-up lessons. If your child is ill, it is best to keep them out of the water. We will not withdraw a student if they miss a class. If your child will miss an extensive amount of time and is unable to finish a session due to serious illness or injury, please contact HMAC staff immediately.

What if I register my child and we find out they are not really ready for lessons?

We will make every attempt to create a comfortable environment for all students. Occasionally, it will be necessary for students to withdraw from class. Circumstances such as this are addressed on an individual basis and the Lesson Coordinator will speak with the parents regarding credits or refunds.

Can others enjoy the water during the morning lessons?

Only instructors and students may be in the swimming pools during lessons. Safety is our primary concern for all participants. We understand the water is very inviting, especially for toddlers. Please refrain from wading or swimming in any area. As an alternative, we encourage you to use the spray garden near the entrance, free of charge.

The only area available for public use during lessons (for patrons 16 years of age and up) is the self-directed water walking area in the lazy river. Posted fees can be paid (or pass cards scanned) at the front office window. Parents of students are welcome to pay to participate in this program.

What's your policy on inclement weather and unscheduled closures?

We have class rain or shine. Our outdoor pools are heated throughout the season. The only time class would be canceled is in the event of a thunderstorm, or unscheduled facility closure. Unscheduled facility closures can occur with limited notice. If your class is canceled due to an unforeseen facility closure, all participants will immediately receive and email notification.

Who can I speak with if I have questions or concerns?

During the off-season, September-May, please contact Jake Davies, Aquatics Coordinator. Jake may be contacted via phone at 425-430-6712, or email at jdavies@rentonwa.gov

During the swim lesson season, June-August, a Swim Lesson Coordinator is on the pool deck every day for the duration of lessons. You can reach the HMAC front desk by phone at 425-430-6780.



